





TOWN OF BEDFORD COMPOSTING







WHAT TO COMPOST?

ACCEPTABLE MATERIALS ✓

- Food scraps and leftovers
- Vegetables and fruit peels, pits, and rinds 
- Coffee grinds and filters
- Paper tea bags and tea leave
- Eggs and eggshells 
- Paper towels (not soiled with chemicals or cleaning products)
- Napkins 
- Toothpicks and wooden popsicle sticks
- Breads and grains 
- Paper with food residue

UNACCEPTABLE MATERIALS ✗

- Cheese and other dairy products 
- Meat, bones, seafood and shells
- Plastic of any kind 
- Wrappers, foils, or bags
- Metal
- Styrofoam
- Milk cartons, juice boxes, or foil lined cartons 
- Waxed Products
- Recyclable paper
- Paper towels with chemicals
- Pet Wastes
- Fabric or rags 

***All food waste and food soiled paper must be in a compostable plastic or paper bag.**